



USER'S MANUAL

EVOLVE-WP2 UK



Note: Following the principles of sustainable development, we may modify machines when necessary and will not notify again. It all depends on the actual product.



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1. Introduction

Congratulations on your purchase of the Evolve WP2 Under desk Treadmill! This device is designed to provide efficient and reliable performance for your needs. Please read this manual thoroughly to ensure safe and optimal use.

2. Safety Precautions

Note

Please read the instructions carefully.

- Read all instructions before using the device.
- Do not expose the device to water or moisture.
- Use only the recommended accessories only.
- For indoor use only.
- Please wear appropriate clothing and sneakers before exercising. Exercising barefoot on the treadmill is not allowed.
- The power plug must be properly grounded, and the electrical outlet should have a dedicated circuit; it should not be shared with other electrical devices.
- There should be a safe use space of 0.5m(500mm) in the front and on both sides and 1m x 1m (1000mm*1000mm) at the end, which is convenient for emergency jumping off. (Emergency jump: while holding the handrails to support your body, step on the side rail with your feet and jump off the walking machine from one side.)
- Keep out of reach of children to avoid any accidents.
- Turn off and unplug the device before cleaning or performing maintenance.
- Avoid prolonged use and overloading of the machine, as this can cause damage to the motor and controller, and accelerate wear on the bearings, running belt, and running board. Regular maintenance and servicing of the machine are recommended.



- Keep the machine away from dust to prevent the buildup of static electricity & provide good ventilation when running.
- Please disconnect the power after use.
- If the device shows signs of damage or malfunction, stop use immediately and contact customer support.
- If you experience any discomfort while using this machine, please stop immediately and consult a doctor.
- Keep silicone oil out of reach of children after use.
- If the power cord is damaged, please contact our qualified maintenance personnel for service instead of attempting to disassemble it yourself.



Forbidden

- Do not use the machine if the casing is cracked or broken (exposing internal components), or if there is a risk of welding parts falling off. This may lead to a serious injury also.
- Avoid jumping up and down during movement, as it may lead to injuries caused by falls.
- Do not operate or place the machine in or near damp areas, such as bathrooms.
- Avoid placing the machine in direct sunlight or in high-temperature areas, such as near a stove or heating device, as this may lead to leaks or a risk of fire.
- Do not use the machine if the power cord is damaged or if the plug pin is loose, as this could result in electric shock, short circuit, or fire.
- Do not damage or bend the power cord by force or attempt to reverse it. Avoid placing heavy objects on the machine or pinching the power line, as this could lead to fire or electrical shock.
- Avoid allowing pins, garbage, or moisture on the power plug, as it may cause electric shock, short circuit, or fire; never use the plug with wet hands.



- Do not use the machine with more than one person at the same time and avoid approaching the machine while it is in operation as this may lead to accident.
- Individuals who are unable to communicate their needs or operate the treadmill independently should not use the machine.
- Do not drink or pour water during operation, as it may cause electric shock or fire. This is strictly prohibited!
- This product is intended for household use only and is not suitable for schools, gyms, or similar environments, as there is a risk of injury. These are not commercial treadmills.
- This appliance is not suitable for use by individuals (including children) with impaired physical, sensory, or mental abilities, or lacking experience or knowledge, unless they are supervised or instructed on its proper use by a responsible person ensuring their safety.
- Supervise children to ensure they do not play with the appliance.

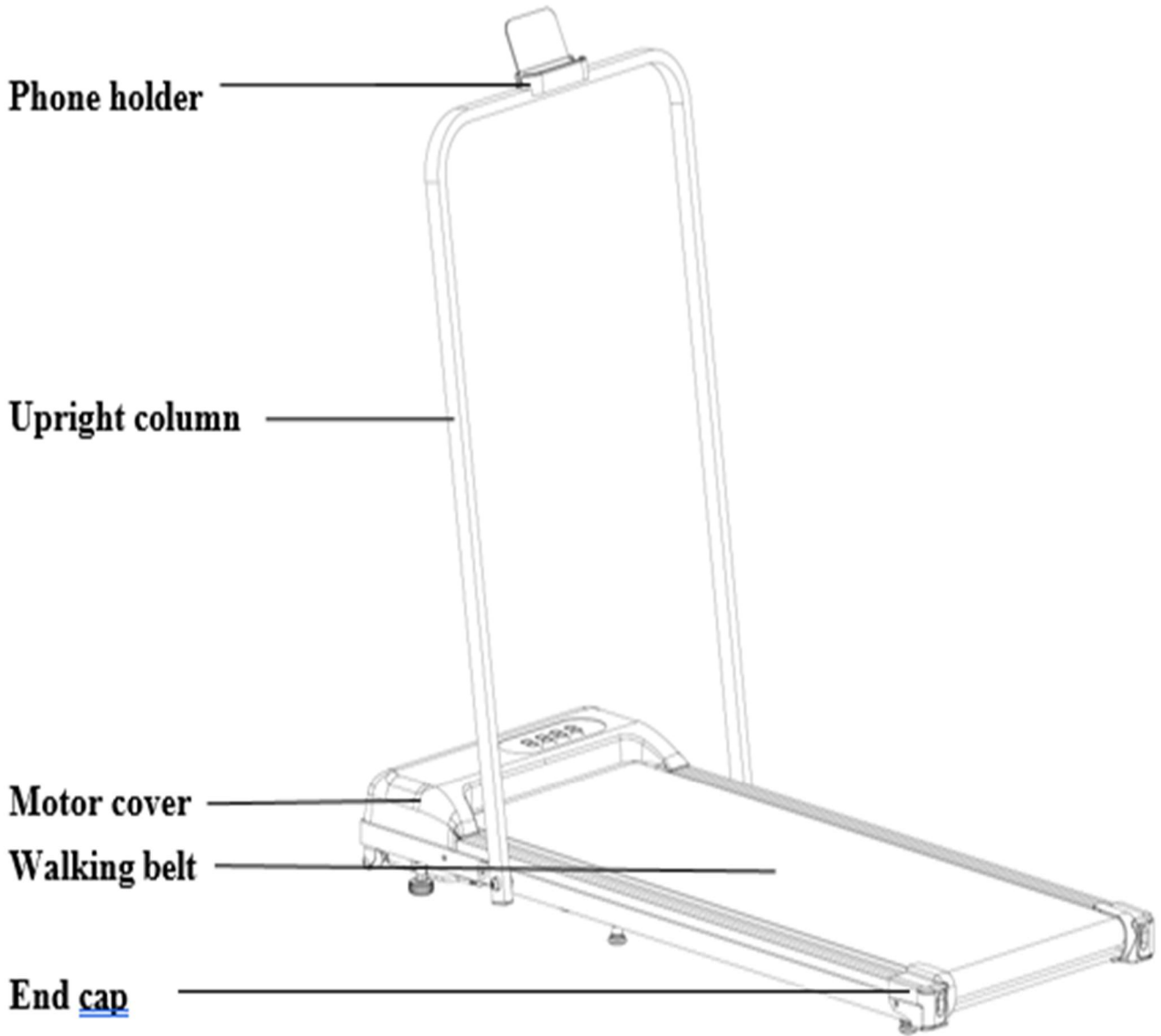


Ground protection system!

- This product must be properly grounded. In case of a malfunction, grounding provides a safe path for electricity, helping to reduce the risk of electric shock.
- This product features a power plug with a grounding conductor. Ensure the plug is fully inserted into a standard socket.
- An improper connection of the equipment grounding conductor can result in an electric shock. If you're unsure whether your product is properly grounded, please have a qualified professional inspect it.
- Please use the socket which has the same shape with the grounding plug. Don't use plug adapter.



3. Product Information





4. Features & Specifications

Main technical parameters		
No.	Parameters	Description
1	Input Power Voltage	AC 220 V (50-60 Hz)
2	Peak Motor Power	2.5 Hp
3	Speed	1.0 – 10 Km/hr
4	Running Surface	380x1000 mm
5	Max User Weight	100 Kg
6	Machine Net Weight	23 Kg
7	Expand Dimensions	1195x540x1020 mm
8	Display	LED Display (Calories, Time, Speed)
9	Other Features	Bluetooth Speaker, Suitable for Walking, Jogging & Running

Packing List			
No.	Parameters	Units	
1	Complete Machine	Sets	1
2	Accessories Bag	Sets	1

No.	Name	Qty
1	Allen Key 5 mm	1 Pc
2	M5x10 Allen Bolt	2 Pc
3	M8x16 Allen Bolt	2 Pc
4	Lubricant Oil	1 Bottle
5	User Manual	1 Pc

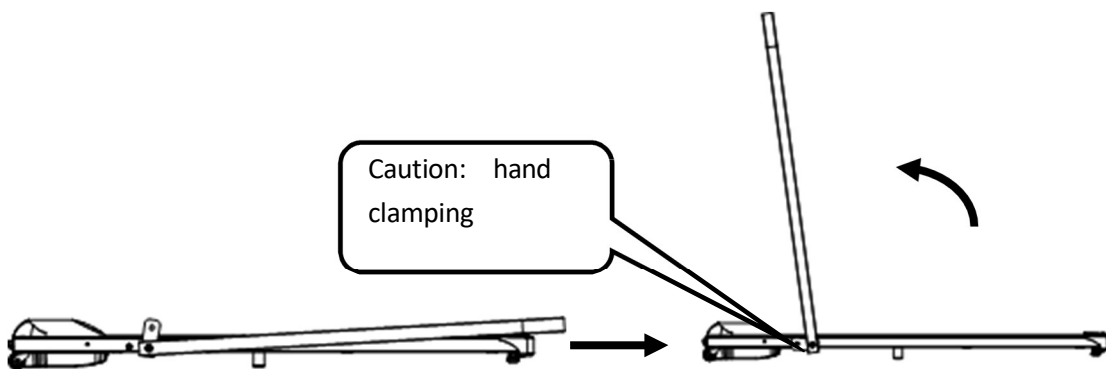
No.	Name	Qty
6	Remote	1 Pc
7	M8 Nut	2 Pc
8	Adjustable Foot Pad	2 Pc
9	Phone Holder	1 Pc



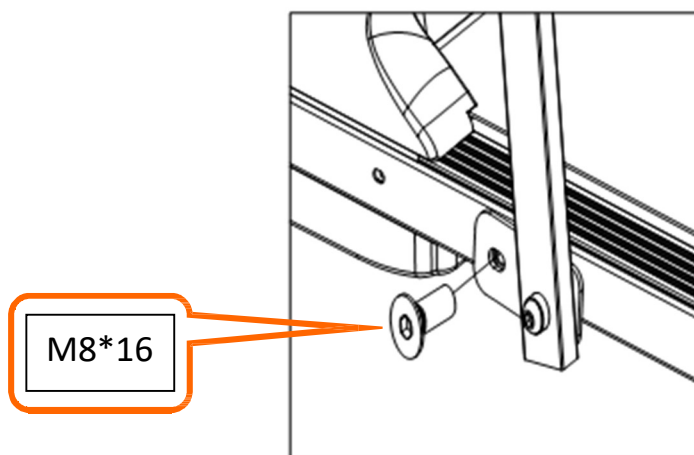
5. Installation Instructions

The Evolve treadmill comes approximately 98% pre-assembled, and customers only need to attach the Hand Clamping for the handlebar. Carefully remove the treadmill from the box and all the accessories.

Step 1: Remove the walking machine from the carton and place it on a flat, level surface. Then, lift the upright column in the direction indicated in the picture below.

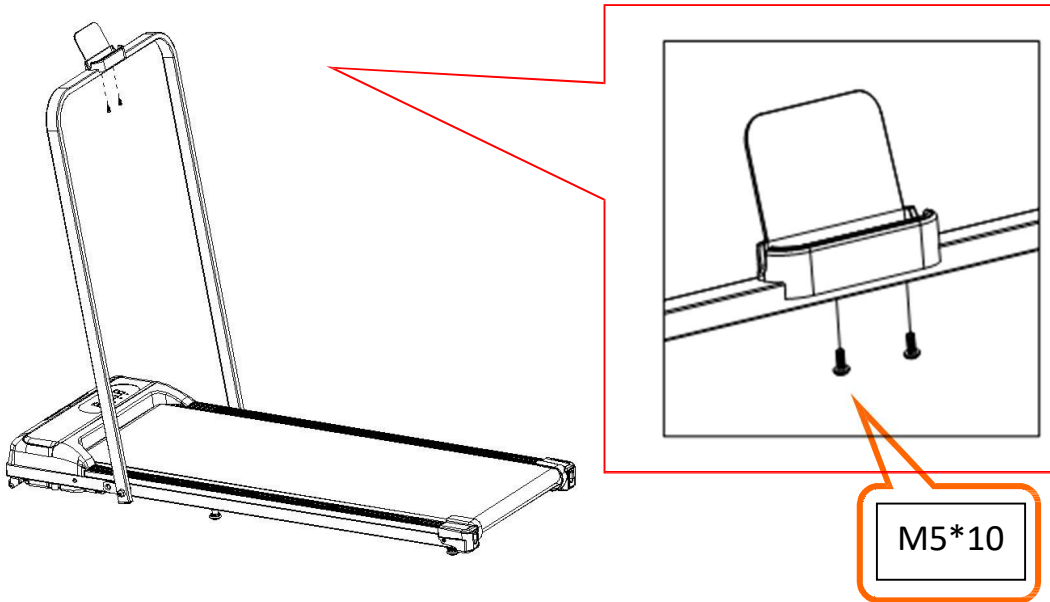


Step 2: Use the 5mm Allen key and M8*16 screw to secure the upright column on both sides.





Step 3: Using a screwdriver, fasten the M5 x 10 screw to secure the phone holder onto the upright column.

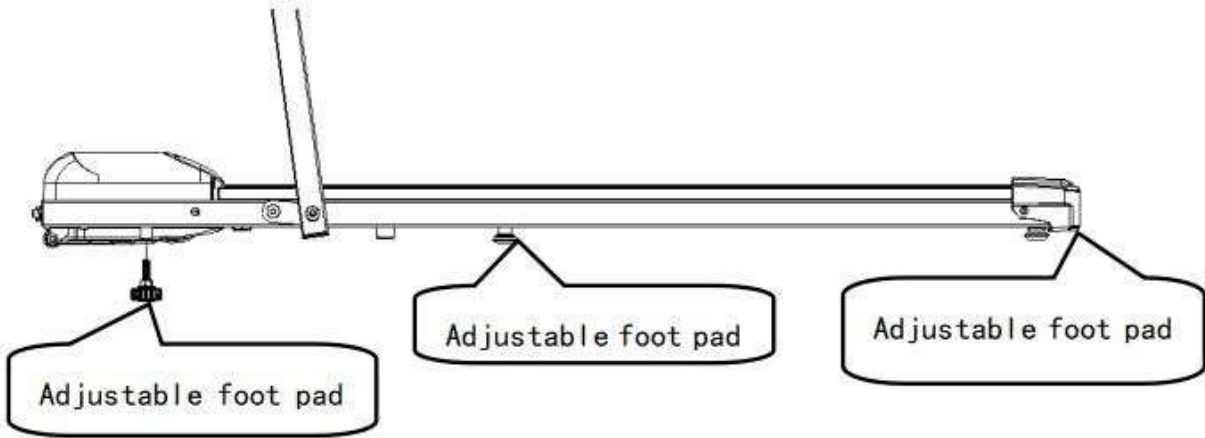


Step 4: Regardless of the treadmill type—whether used on a hard surface like tile or on soft ground such as carpet or wooden flooring—it is essential to include the adjustable foot mat from the accessory bag, as shown below, to elevate the machine.

Adjustment Procedure:

Place the treadmill on a hard, level surface (such as the floor). Lift the treadmill so that it rests evenly on the two adjustment pads located on the left and right sides (found in the accessories bag). Then, fine-tune the middle adjustment pad until there is no gap between the treadmill and the ground. Once properly adjusted, you can position the treadmill on a soft surface (such as a carpet or wooden floor) for use.

Note: If the carpet height exceeds 13mm, use the adjustment pads from the accessory bag and the middle adjustment pad to compensate for the height difference. It is generally not recommended to operate the treadmill on carpets thicker than 15mm.



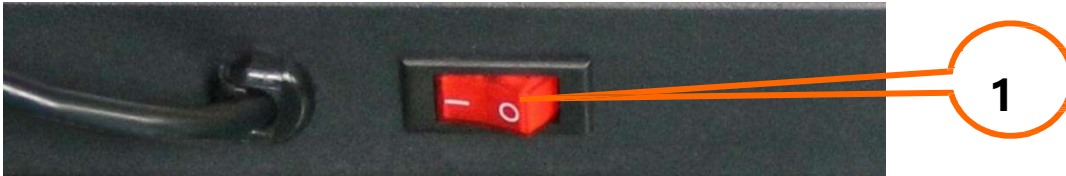
Method for levelling the walking pad with the ground:

If there is a gap between the machine and the floor, you can adjust the middle and rear adjustable foot pads to ensure that the front and back of the machine make proper contact with the ground. (Note: Changing the height of the adjustable foot pads may affect the stability of the walking pad!)



6. Getting Started

Step 1: Connect the power adapter to the device, plug it into a power outlet, turn on the device using the power button, and when the light is on accompanied by a beep, the screen will light up.



Step 2: The remote is pre-paired with the machine at the factory, allowing for immediate use upon receipt. Once the treadmill is powered on, press the start button on the remote to activate the walking pad. Adjust the speed using the Speed + and Speed – buttons.

Pairing a Remote: Press and hold the Start/Stop button on the remote for approximately 7 seconds to establish a one-to-one pairing connection. A continuous buzzer sound will indicate that the pairing was successful. If there is no continuous buzzer sound, the pairing has failed. Once successfully paired, the remote can be used to control the walking machine remotely, allowing you to start, stop, and adjust the speed as needed.

Display Functions:

Time Display: Shows the elapsed running time when the time indicator light is illuminated.

Speed Display: Shows the current running speed when the speed indicator light is illuminated.

Distance Display: Shows the total distance travelled when the distance indicator light is illuminated.

Calorie Display: Shows the total calories burned when the calorie indicator light is illuminated.



7. Troubleshooting & Error Codes:

Error code	Description	Solution
E1	Communication Abnormal: when the power is on, the connection between lower controller and the console is abnormal.	Possible Cause: the communication between the lower controller and console is blocked, check each joint between the controller and console, make sure that each core is fully plugged in. Check the connection line, replace it if it's damaged.
E2	No signal from motor.	Possible Cause: Check the motor cable to see whether it is connected well or not, if not, connect the motor wire again. Check the motor cable to see whether it is damaged or has a burnt smell, if yes, replace the motor. Check the speed sensor to see whether it is correctly installed or damaged
E5	Over current protection: In working, the lower controller detects the current to be over 6A for more than 3 seconds.	Possible Cause: Overloading leads to excessive current, and the system stops out of self-protection, or some part is stuck, causing the motor to stop. Adjust the treadmill and restart it. Check if there is liquid or burnt smell while the motor is running, if yes, replace the motor; check if the controller has a burnt smell, if yes, replace the controller; check the power supply voltage, if it does not match the specifications, change into correct voltage and test the machine again.
E6	Explosion-proof impact protection: the abnormal voltage or motor causes the faulty circuit that drives the motor.	Possible Cause: Check if the power supply voltage is 50% lower than normal voltage, use the correct voltage and test the machine again check if the controller has a burnt smell and replace the controller; Check if the motor cable is connected and connect the motor wire again.



8. Routine Maintenance and Care

Warning: Before cleaning or performing maintenance on the product, ensure that the treadmill's power plug is unplugged.

Cleaning: Regular cleaning helps prolong the lifespan of the electric treadmill. Periodically remove dust to keep the components clean. Be sure to clean both sides of the exposed running belt to minimize the buildup of dirt and debris. Always wear clean athletic shoes to prevent dirt from being transferred onto the running deck and belt. When cleaning the treadmill belt, use a damp cloth with soap, taking care to avoid wetting electrical parts and the running belt.

Warning: Ensure the power plug is disconnected before removing the motor cover and clean the motor at least once a year.

Lubrication for the Running Belt: This electric treadmill's running board and belt are factory lubricated. Friction between the belt and the running board significantly affects the treadmill's lifespan and performance, so regular lubrication is essential. We recommend inspecting the board regularly. If the surface is damaged, please contact Evolve Fitness Ltd.

Lubrication Schedule:

- Light users (less than 3 hours per week): once a month
- Heavy users (more than 7 hours per week): once every two weeks

Additional Recommendations:

1. To better protect your treadmill and prolong its lifespan, it is advisable to turn off the machine and rest it for 10 minutes after every two hours of continuous use.
2. Proper belt tension is crucial:
 - If the belt is too loose, it may slip during use.
 - If it is too tight, it can impair motor performance and accelerate wear on the roller and belt.
 - To check the tension, lift each side of the belt; the appropriate tightness allows a lifting height of 50-75mm.

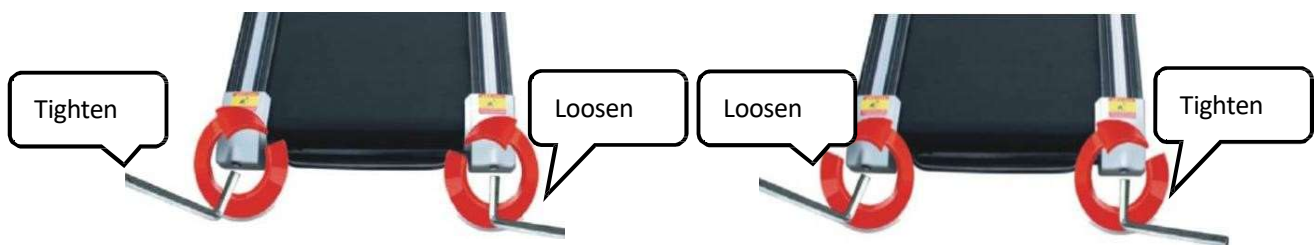


Running with Proper Alignment and Tension

To ensure optimal performance and longevity of the treadmill, it is important to adjust the running belt to the correct alignment and tension. Regularly maintaining the belt will help the treadmill operate smoothly and effectively.

Running Belt Alignment

- Place the treadmill on a flat surface.
- Turn on the treadmill and set it to a speed of approximately 6-8 km/h.
- If the running belt shifts toward the right side, Rotate the right adjustment bolt counterclockwise by 1/2 turn, Then, rotate the left adjustment bolt clockwise by 1/2 turn. (See Picture B)
- If the running belt shifts toward the left side, Rotate the left adjustment bolt counterclockwise by 1/2 turn, Then, rotate the right adjustment bolt clockwise by 1/2 turn. (See Picture A)



PICTURE A: Belt will move towards Left

PICTURE B: Belt will move towards Right

Multi-Wedge Belt Tension Adjustment

Over time, extensive use of the treadmill can cause the multi-wedge belt to loosen due to wear and tear. Proper adjustment is necessary to ensure safe and optimal operation.

Assessment:

If you experience occasional pauses while running, it may indicate that the treadmill belt or multi-wedge belt is slightly loose and requires adjustment for safe use.



How to Determine Which Part Is Loose:

1. Remove the four screws securing the protective cover.
2. Set the treadmill to a speed of approximately 1 km/h.
3. Stand on the running belt, hold onto the armrests, and gently step on the belt (using your own weight).

Observation indicators:

- **A.** If your step does not stop the belt, the tension is appropriate.
- **B.** If your step stops the running belt but the multi-wedge belt and front roller continue to run, the running belt is loose and needs adjustment.
- **C.** If your step stops both the treadmill belt and the multi-wedge belt while the motor continues running, the multi-wedge belt is loose and requires adjustment.

Adjustment Procedure:

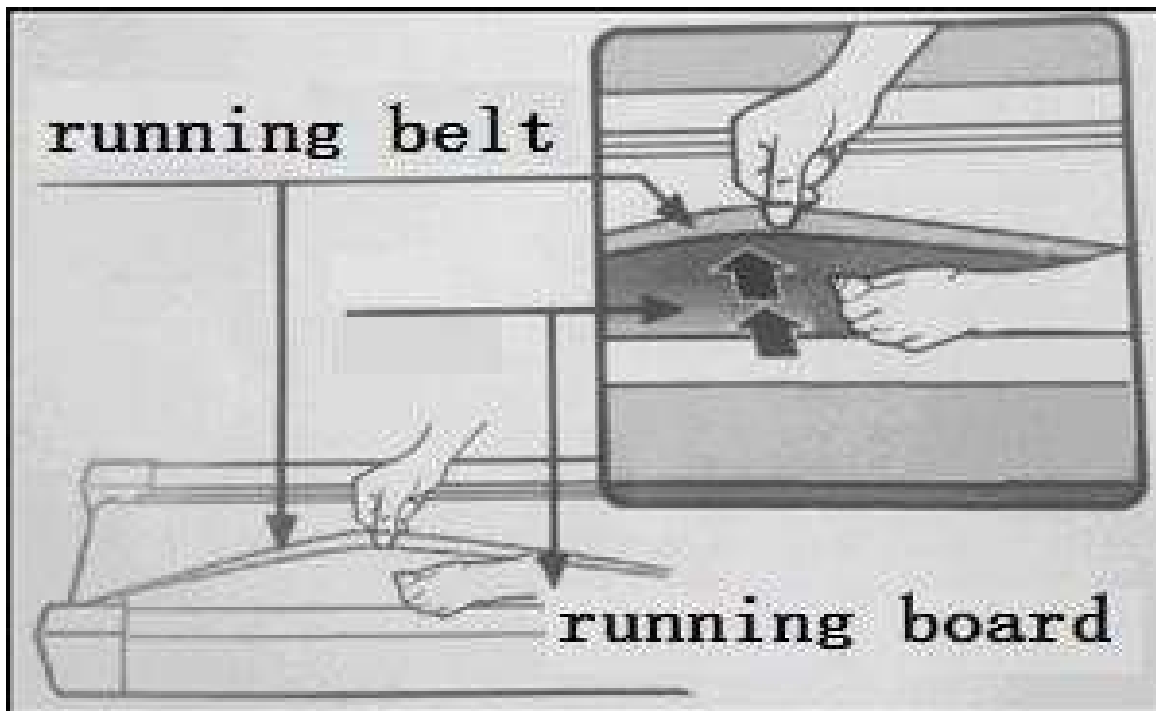
1. Use an Allen Key 6 mm to loosen or tighten the screws on the motor base according to the observed condition.
2. Gently flip the multi-wedge belt between the motor shaft and the front roller:
 - If the belt is too loose, flip it 100% over.
 - If it's too tight, the flip will be limited; aim for about 80% flip.
3. Adjust the belt tension so that it can be flipped approximately 80%, ensuring proper tightness.
4. Once adjusted, secure the motor base screws and reinstall the front cover.

This process helps maintain proper belt tension for safe, smooth treadmill operation.

Applying Silicone Oil

Step 1: Slightly lift the running belt.

Step 2: Open the silicone oil bottle and squeeze the silicone oil along the sides of the running board, as illustrated in the following picture.





WARRANTY CERTIFICATE

Model Number: EVOLVE WP2 Under desk Treadmill

WARRANTY PERIOD: This Standard Warranty is valid for a period of 12 Months from the date of purchase.

WARRANTY COVERAGE: We, EVOLVE, hereby warrant that the treadmill shall be free from defects in material and workmanship during the warranty period.

The warranty covers the following parts and components:

- Frame and chassis.
- Motor
- Belts and pulleys
- Deck and walking surface
- Control panel and electronics
- Handrails and accessories

LIMITATIONS AND EXCLUSIONS:

The warranty does not cover damage caused by:

- Improper use or maintenance
- Overloading or excessive use
- Normal wear and tear
- Failure to follow operating instructions
- Acts of nature (e.g. flood, fire, earthquake)
- Supply of improper electric current and voltage leading to error E5 & E6.

The warranty does not cover repair or replacement of parts or components that are damaged or worn out due to normal usage.

The warranty does not cover repair or replacement of parts or components that are no longer available or are obsolete.



REPAIR AND REPLACEMENT:

In the event, that the treadmill is found to be defective, we shall provide you with the spare parts and the purchaser will repair it. EVOLVE Technical Team will assist to the purchaser on how to replace the spare parts. In case of genuine breakdown all the spare parts will be free of charge to the purchaser, else they will be charged.

The repaired or replaced part shall be deemed to be new for the remainder of the warranty period.

WARRANTY CLAIM PROCESS:

To make a warranty claim, please contact our customer service department on 01254 427840 ext 5 and provide the following information:

- Model number of treadmills
- Description of the problem or issue
- Proof of purchase (e.g. sales receipt)
- Channel of purchase.

We shall investigate the claim and provide with the spare parts within a reasonable time frame.

TRANSFERABILITY:

This warranty is non-transferable to the new owner.

WARRANTY DISCLAIMER:

This warranty is in lieu of all other warranties, express or implied, including but not limited to warranties of merchantability, fitness for a particular purpose, and non-infringement.

We disclaim all liability for any damages, including but not limited to consequential damages, incidental damages, and punitive damages.



10. Contact US

For customer services, please contact us: Evolve Store

Email: sales@yasupplies.co.uk



Keep the Original Box, Packing & Accessories to ensure smooth After-Sales Services Process

