

TURFWORLD SAFETY MANUAL

SAFE HANDLING & INSTALLATION OF TURF ROLLS

This guide outlines basic health & safety advice when handling, transporting and laying turf rolls. Turf is a natural product and rolls can be heavy, awkward to lift, and slippery when wet.

MANUAL HANDLING

Turf rolls are heavy and can cause injury if lifted incorrectly.

- Always bend your knees and keep your back straight when lifting
- Lift with your legs, not your back
- Avoid twisting your body while carrying turf
- Carry rolls close to your body
- If a roll feels too heavy, get help or use two people

Take regular breaks during larger installations



PPE (PERSONAL PROTECTIVE EQUIPMENT)

- Wear gloves to improve grip and protect hands
- Use sturdy footwear with good grip (safety boots recommended)
- Consider knee pads when working at ground level
- In hot weather, wear sun protection and stay hydrated



DELIVERY & UNLOADING

- Do not climb on delivery vehicles
- Stand clear while turf is being unloaded
- Use mechanical aids (barrows, trolleys) where possible
- Only move turf once the driver has finished unloading
- Do not attempt to lift full pallets without proper equipment



GENERAL WARNINGS

- Turf rolls may contain insects or natural debris
- Do not eat or drink without washing hands
- Take care when stacking turf to avoid rolls toppling
- Keep clear of moving vehicles and machinery on site

DISCLAIMER

This guide provides general safety advice only. It does not replace site-specific risk assessments or professional health & safety procedures for commercial installations.