Kitchen Garden

When to plant...

- Sow under protection
- Sow directly outside
- Plant without protection
- Harvest & enjoy

- Water in peroids of drought
- Water 1-2 times a week
- Water daily if needed

Plant	Grow From	No. Per Sections	Year 1 J F M A M J J A S O N D	Year 2 J F M A M J J	Use	Water	Feed	Top tip
Beetroot	Seeds/ Seedlings	9			Tunnel frame with mesh	💧💧	For a boost in growth, apply 30g per square metre of a high nitrogen fertiliser to the surrounding soil and water in.	An easy crop to grow in a sunny spot
Broccoli	Seeds/ Seedlings	1			Tunnel frame with mesh	💧💧	When plants are roughly 20cm (8in) tall, add 35g per square metre of a high nitrogen fertiliser to the surrounding soil.	Make regular sowings throughout the season to ensure the lettucers are ready over a long time. Protect from birds, sparrows love young lettuce shoots.
Cabbages	Seeds/ Seedlings	1			Tunnel frame with mesh	💧💧💧	To improve the size of your cabbage heads, use a high-nitrogen fertiliser as the heads first begin to form.	All year round crop, that needs protection from birds
Carrots	Seeds/ Seedlings	1			Tunnel frame with mesh	💧💧	None	Sow in a stone free soil and cover under mesh cover
Cauliflower	Seeds/ Seedlings	1			Tunnel frame with mesh	💧💧💧	Once plant begins to grow well, add 30g(1oz) of high nitrogen fertiliser per square metre, to boost growth.	Fertilise soil well with manure and organic plant food before sowing
Chilli	Seeds/ Seedlings	1			Easy Access Grow cover + plastic cover	💧💧	Feed regularly with high potash liquid fertiliser once first fruit starts to grow.	Place in a hot and sunny location to maximise the amount of Chillies
Courgette	Seeds/ Seedlings	1			Tunnel frame with mesh	💧💧💧	High potash liquid fertiiser every 10-14 once first friut starts to swell.	Ensure that you add lots of compost to the soil to ensure lots of courgettes

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