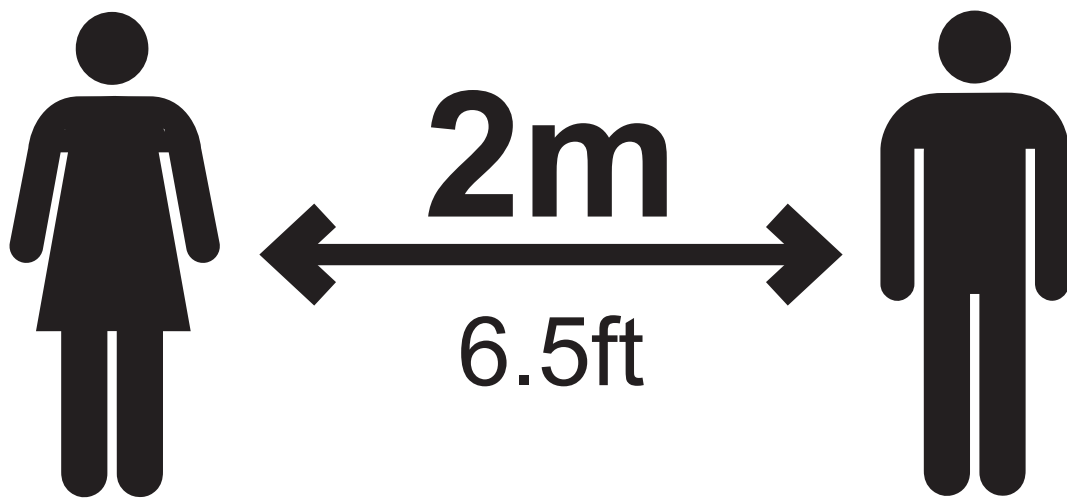


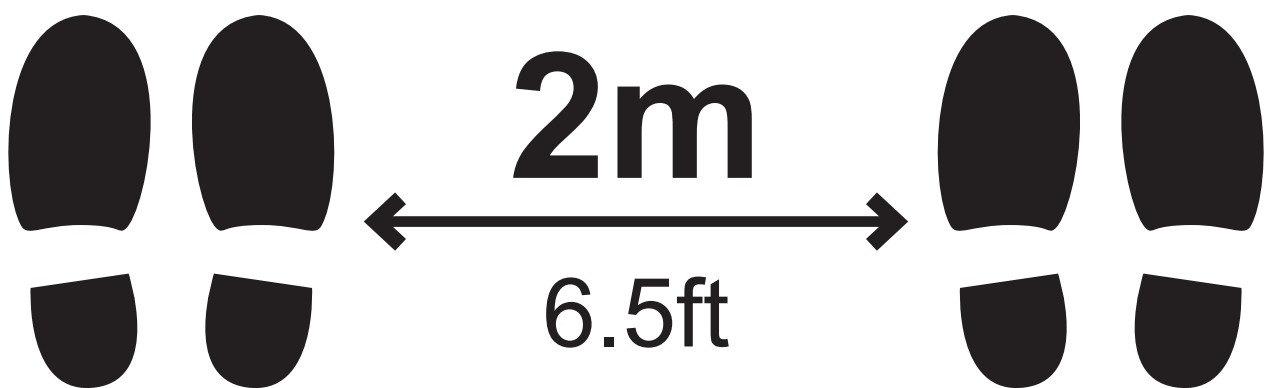
# KEEP A SAFE DISTANCE



**Maintain distance,  
minimum of 2 metres  
between yourself and others.**

It's OK to take a step back,  
to protect yourself and others.

# KEEP A SAFE DISTANCE



**Maintain distance,  
minimum of 2 metres  
between yourself and others.**

It's OK to take a step back,  
to protect yourself and others.

# Covid-19 (Coronavirus)

## Advice to help you stay well



### **Keep disposable tissues with you**

Put used tissues in a bin and wash your hands.



### **Wash your hands regularly**

Soap and water are most effective against viruses.



### **Use your hand sanitiser gel**

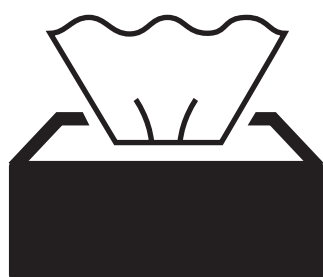
If soap and water aren't available.

For information visit [www.gov.uk/coronavirus](https://www.gov.uk/coronavirus)

# Covid-19 (Coronavirus)

---

## Advice to help you stay well



### **Keep disposable tissues with you**

Put used tissues in a bin and wash your hands.



### **Wash your hands regularly**

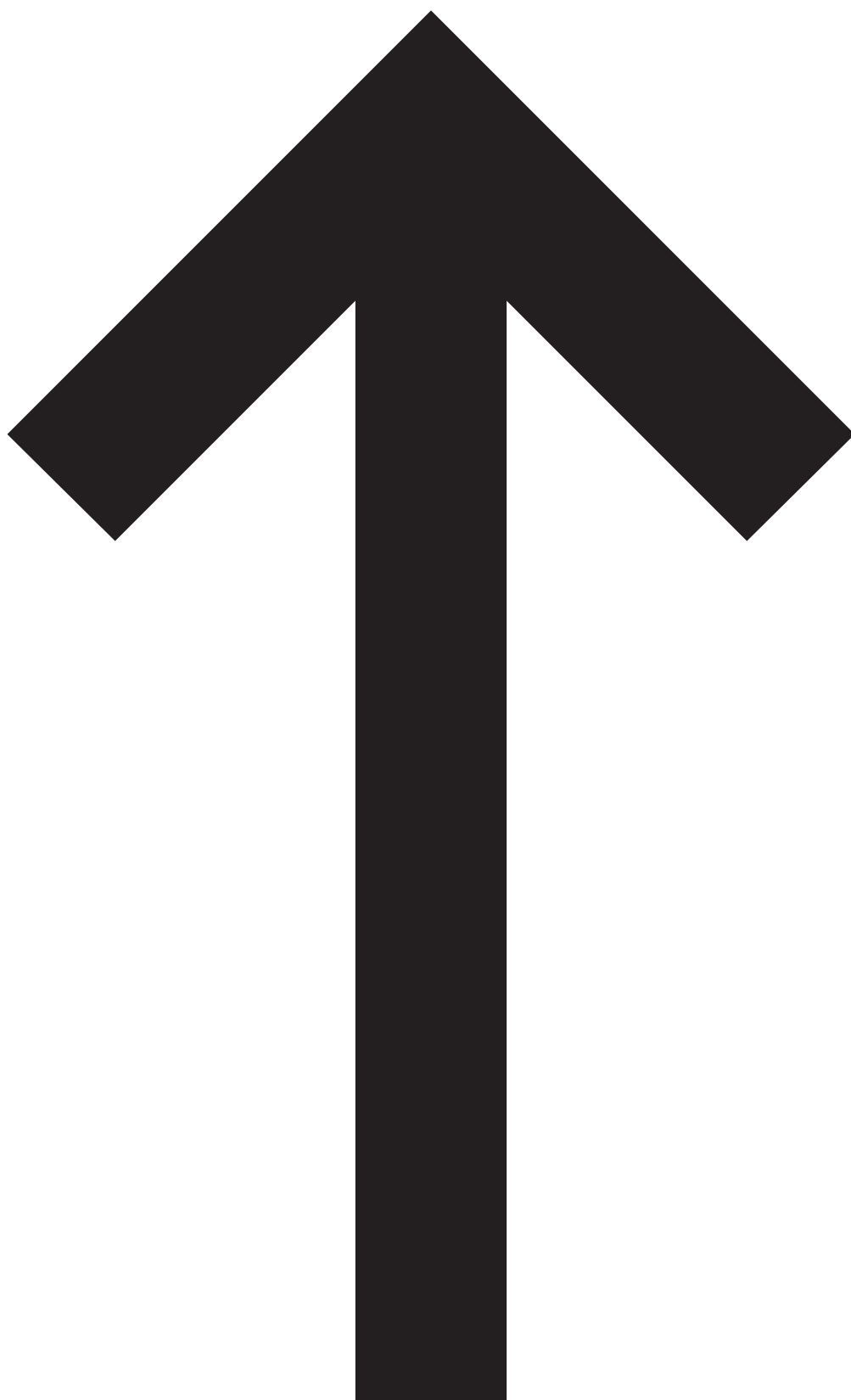
Soap and water are most effective against viruses.

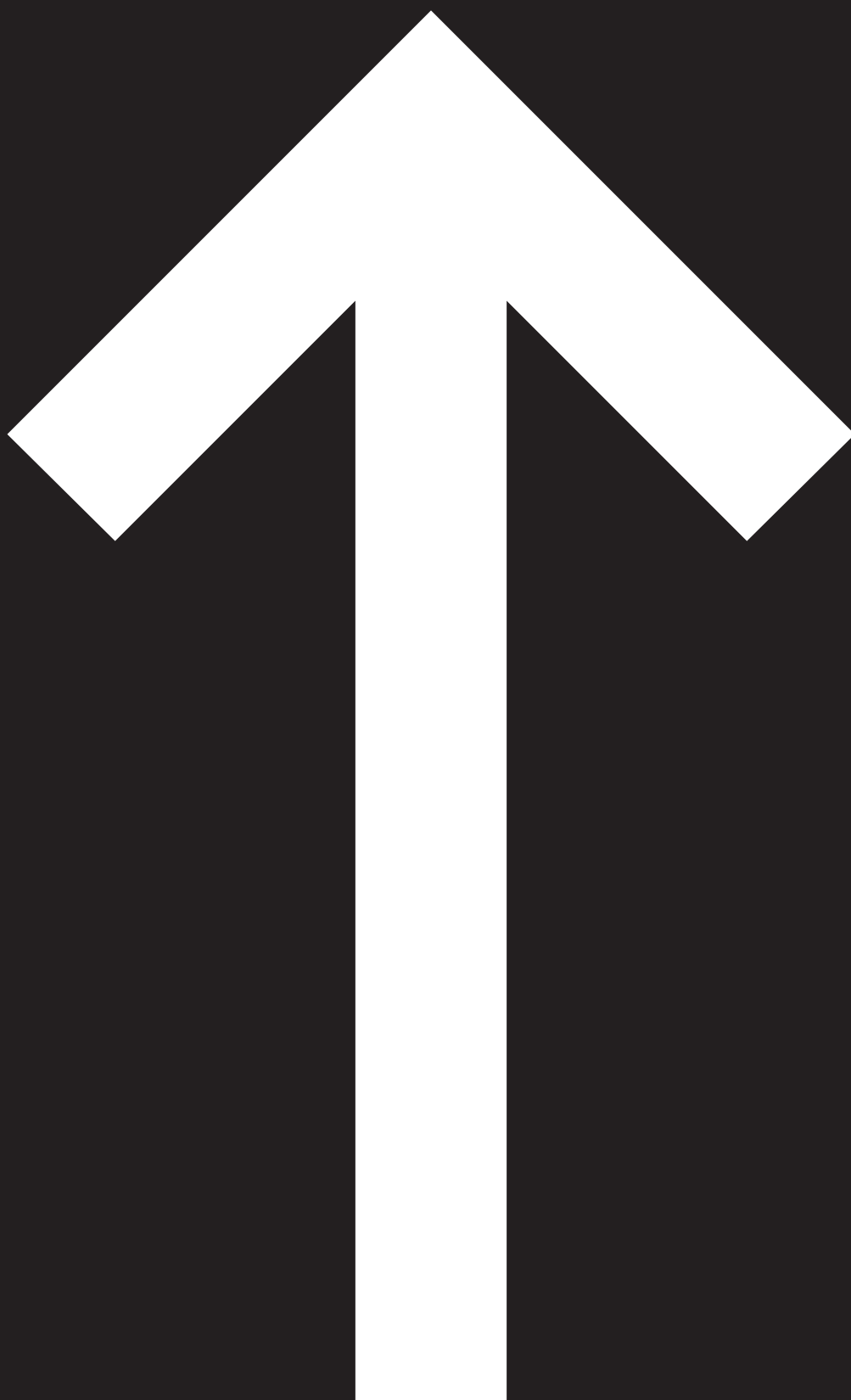


### **Use your hand sanitiser gel**

If soap and water aren't available.

For information visit [www.gov.uk/coronavirus](https://www.gov.uk/coronavirus)





**KEEP A SAFE  
DISTANCE OF 2M  
AT ALL TIMES**



**KEEP A SAFE  
DISTANCE OF 2M  
AT ALL TIMES**







