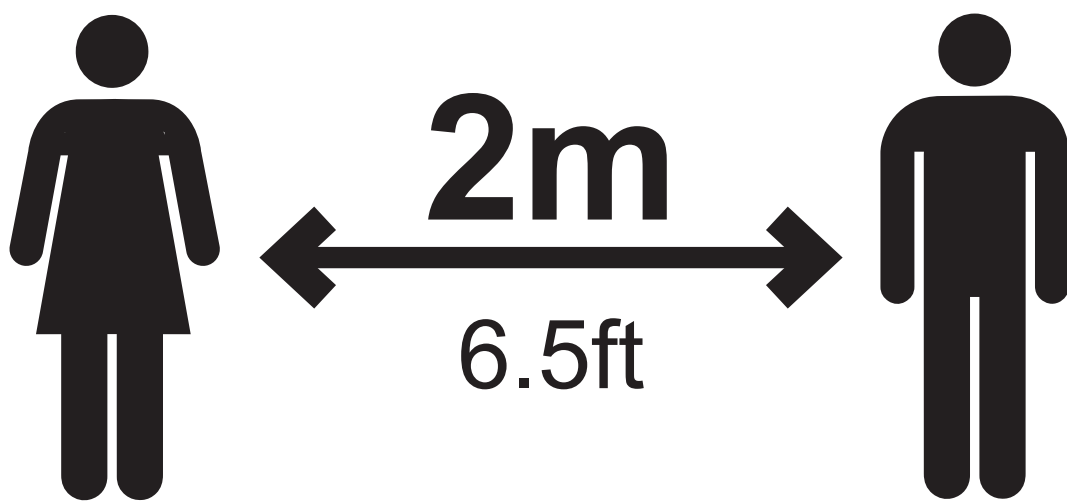


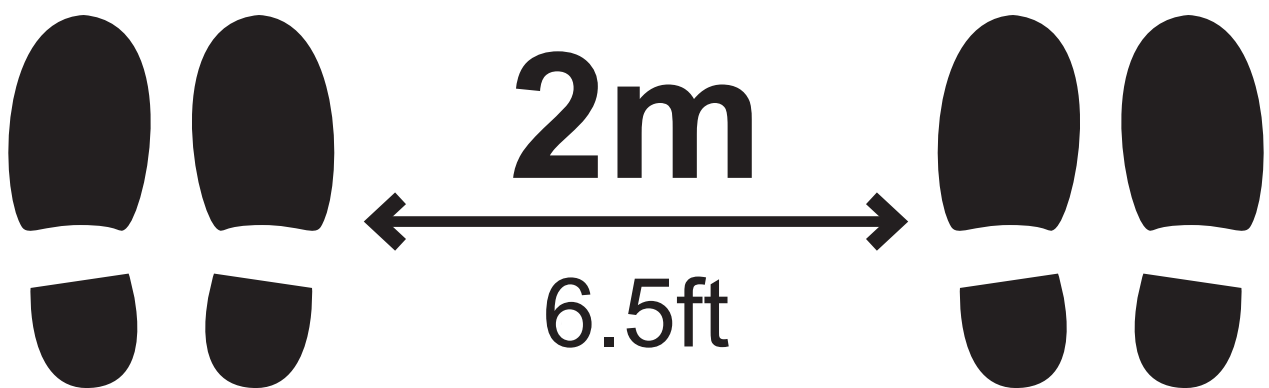
KEEP A SAFE DISTANCE



**Maintain distance,
minimum of 2 metres
between yourself and others.**

It's OK to take a step back,
to protect yourself and others.

KEEP A SAFE DISTANCE



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Covid-19 (Coronavirus)

Advice to help you stay well



Keep disposable tissues with you

Put used tissues in a bin and wash your hands.



Wash your hands regularly

Soap and water are most effective against viruses.

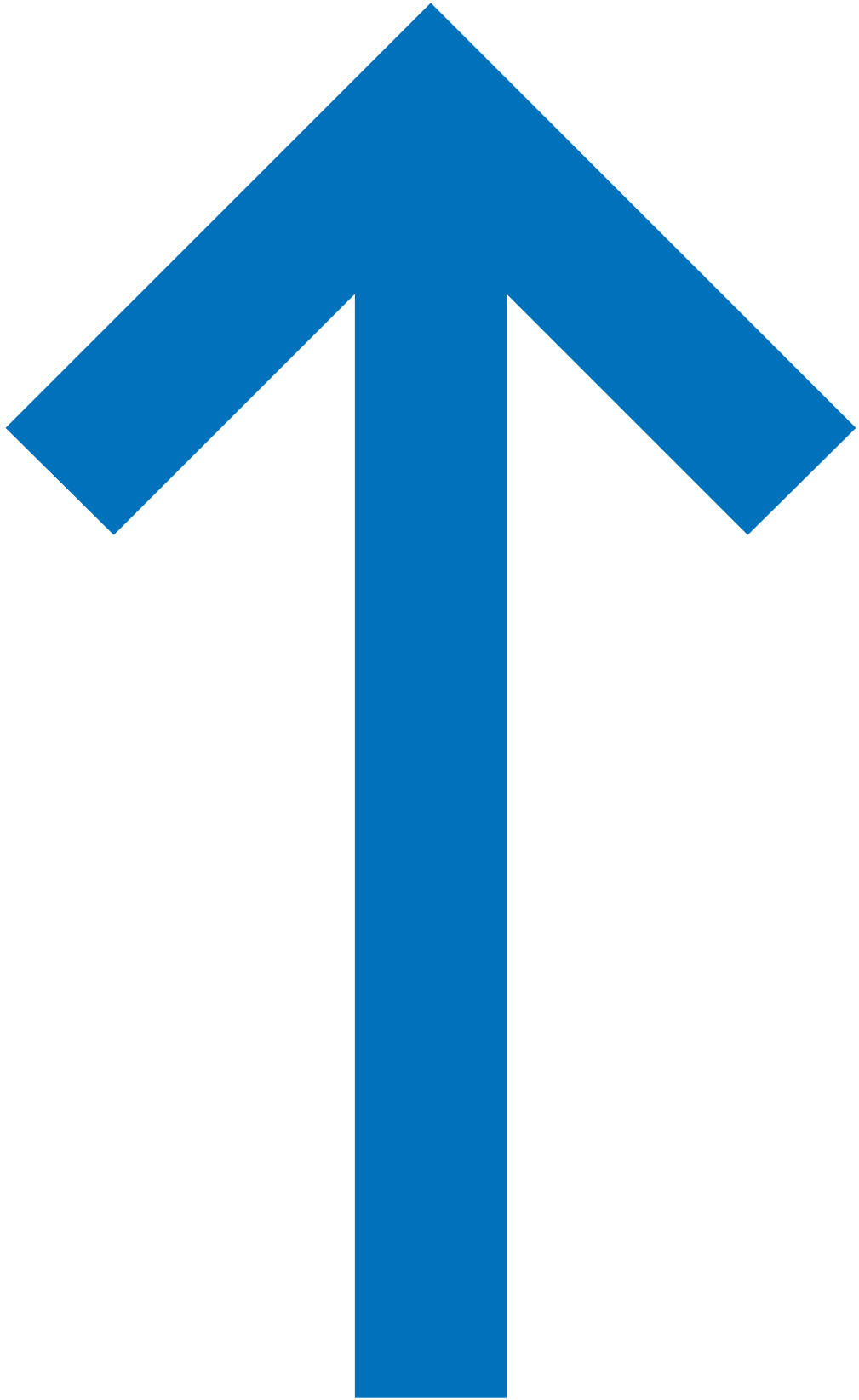


Use your hand sanitiser gel

If soap and water aren't available.

For information visit www.gov.uk/coronavirus





**KEEP A SAFE
DISTANCE OF 2M
AT ALL TIMES**



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