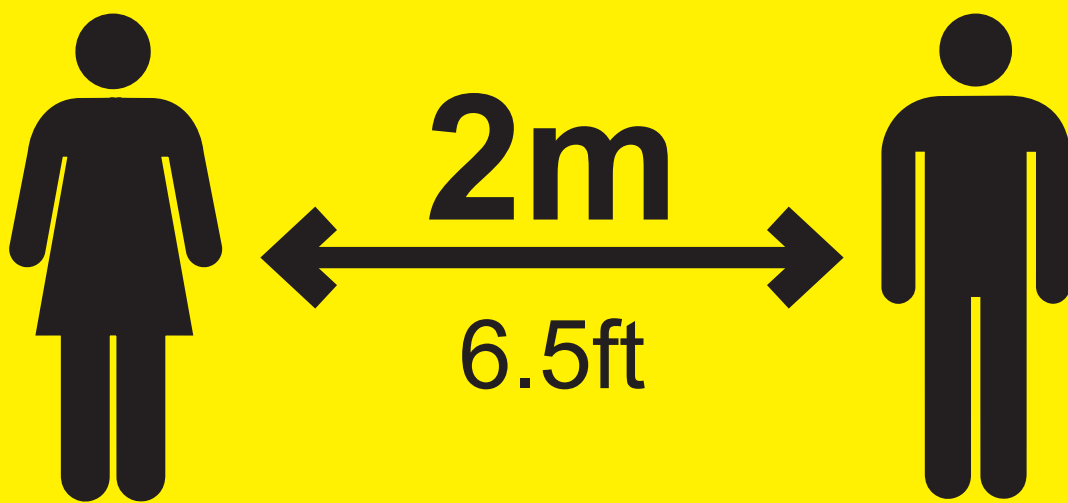


# KEEP A SAFE DISTANCE



**Maintain distance,  
minimum of 2 metres  
between yourself and others.**

It's OK to take a step back,  
to protect yourself and others.

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# Covid-19 (Coronavirus)

## Advice to help you stay well



### **Keep disposable tissues with you**

Put used tissues in a bin and wash your hands.



### **Wash your hands regularly**

Soap and water are most effective against viruses.

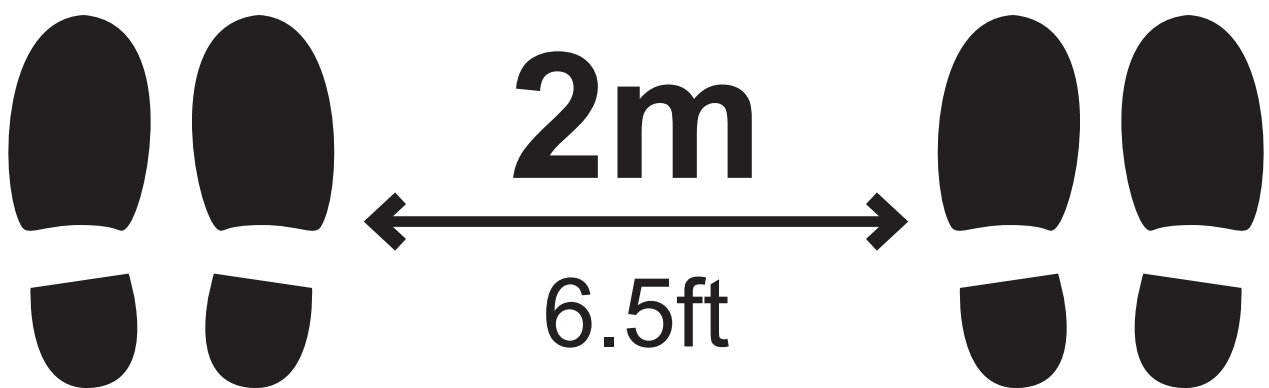


### **Use your hand sanitiser gel**

If soap and water aren't available.

For information visit [www.gov.uk/coronavirus](https://www.gov.uk/coronavirus)

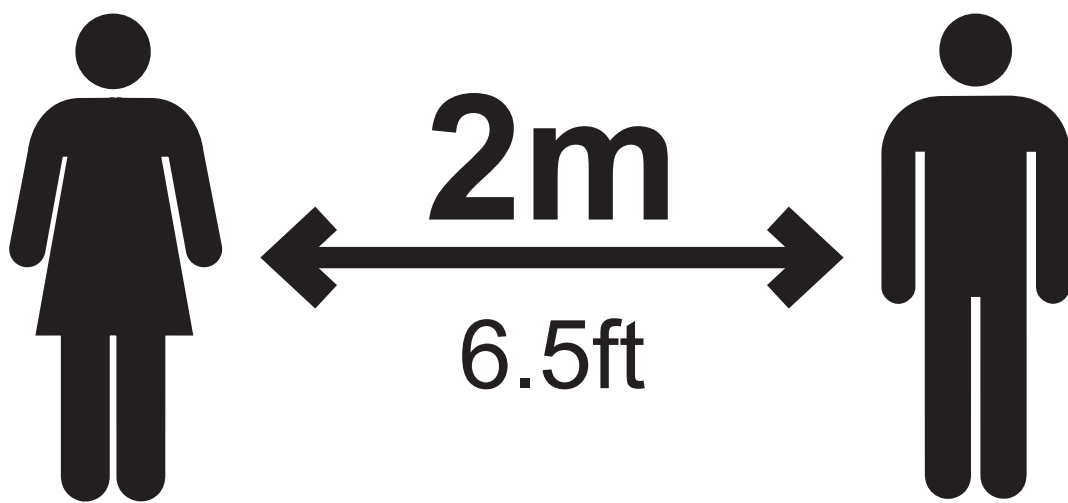
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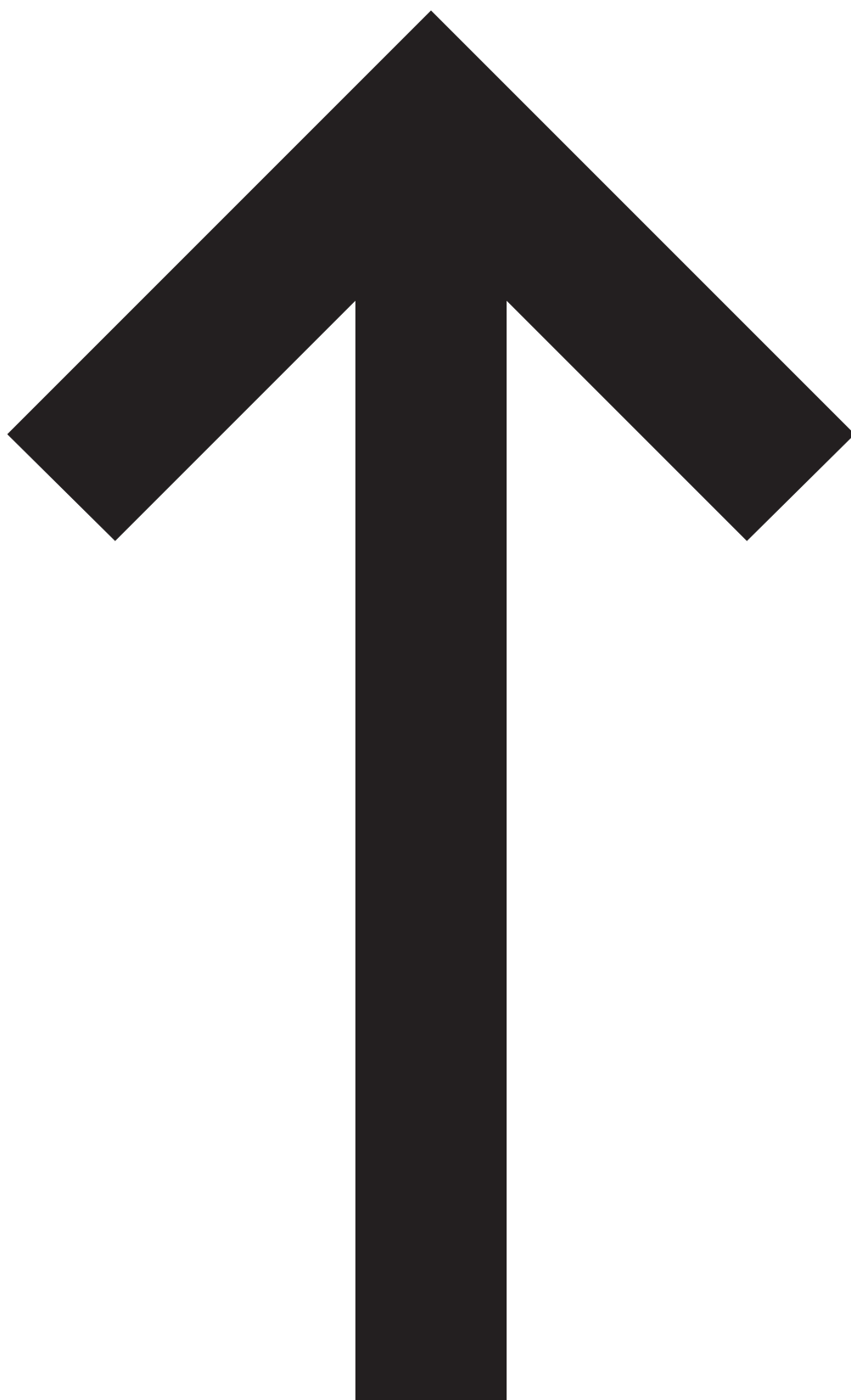
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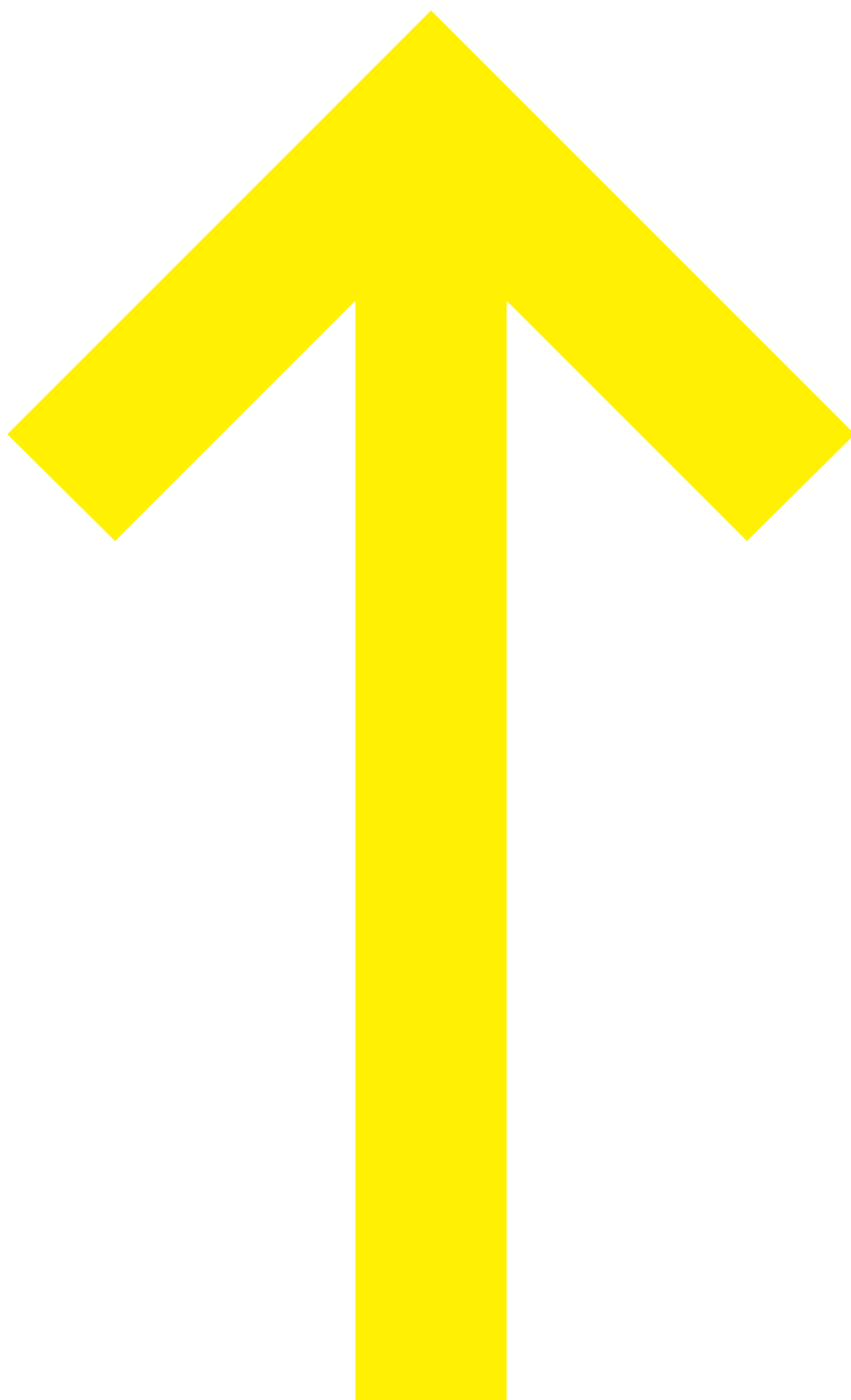
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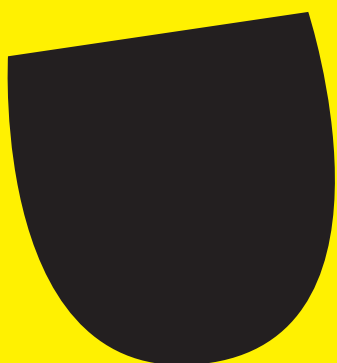
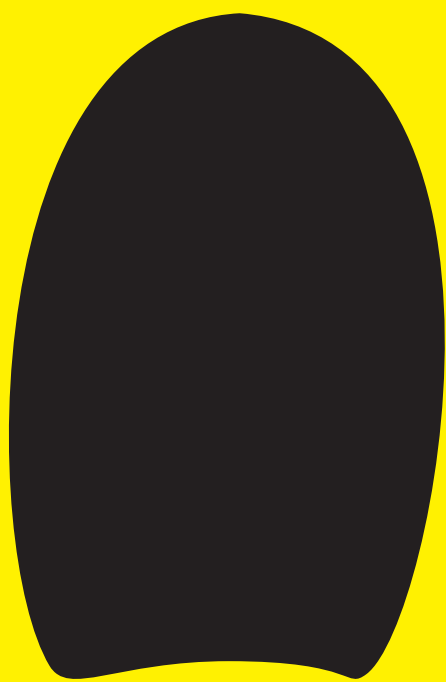
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**KEEP A SAFE  
DISTANCE OF 2M  
AT ALL TIMES**





**KEEP A SAFE  
DISTANCE OF 2M  
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